

Focused Health Solutions

Diabetes

Focused Health Solutions' Diabetes Program is an invaluable resource designed to help individuals who have been diagnosed with chronic diabetes. Our clinical team assists participants through high-touch interventions that are proven effective and measurable in better management of chronic diabetes.

Focused Health Solutions, through enhanced education and personalized coaching, assists in minimizing complications and provides much-needed education and answers. Information provided to individuals for support is based on nationally accepted evidence-based practice guidelines and literature.

Diabetes Facts

In 2007, it was estimated that individuals with diabetes will spend \$11,744 annually for their care. This translates into one out of every five healthcare dollars spent in the U.S.

Diabetes accounts for:

- 15 million missed work days
- 120 million days of reduced performance
- 107 million work days lost to unemployment due to disability

Source: American Diabetes Association

Who Benefits

Focused Health Solutions' Diabetes Program is designed for individuals who are living with diabetes. The Diabetes Program is intended for individuals who need educational assistance and support to:

- Manage fluctuations in blood glucose levels
- Understand how diet and exercise can reduce the affects of diabetes
- Reduce medical costs related to diabetes
- Control the symptoms or side effects of diabetes medication
- Set effective goals and commitments to a dedicated nutrition and exercise program



About Us

Focused Health Solutions is a leading national provider of customized population health management services. Founded in 1999, the Deerfield, IL based company boasts a senior management team with over 100 years of collective experience in the healthcare industry and a blue chip customer base. FHS combines innovative data analysis, condition-specific clinical pathways, proprietary telehealth technology, Health Risk Assessments, and deep clinical expertise to reduce healthcare costs and improve health. The FHS population health management model integrates sophisticated systems and experienced personnel to produce quantifiable clinical and economic benefits for its program participants and clients. Focused Health Solutions is a member of DMAA, NCQA, HERO and MWA. For more information, visit www.focusedhealthsolutions.com.





What FHS Participants Say

Those individuals who enrolled in Focused Health Solutions' Diabetes Program stated:

- Ability to enjoy outdoor activities with family members or social gatherings with friends
- Reductions in blood glucose levels
- Decreased need for diabetes medication and treatments
- Ability to reduce their weight
- Better understanding of how nutrition and diet affect their diabetes
- Less missed workdays related to diabetes

Unparalleled Technology

Focused Health Solutions is dedicated to providing clients with quality programs that drive measurable cost savings. Our recent investment into our exclusive Focus Information Tracker (FIT) technology platform assists us in documenting and reporting clinical and financial performance improvements that are the result of active participant engagement and leading practice nurse interventions. Focused Health Solutions also has the ability to leverage our technology and determine those individuals best suited for our programs.

For more information about the Diabetes Program provided by Focused Health Solutions, call 847 282 8000 and request Corporate Sales or send an email request to LearnMore@FocusedHS.com

The information is provided for information only. This information does not constitute medical advice and it should not be relied upon as such. Focused Health Solutions does not engage in the practice of medicine. Focused Health Solutions, under no circumstances, recommends particular treatments for specific individuals and, in all cases, recommends that you consult your physician before pursuing any course of treatment.

