



## Focused Health Solutions

# Condition Management

The growing prevalence of chronic health conditions has added significant costs to the U.S. healthcare system. Prevention and better management of chronic conditions are often cited as ways to improve health outcomes and slow U.S. healthcare spending growth – or at least generate better value for the \$2.1 trillion spent annually on healthcare in the United States.\*

At Focused Health Solutions, we realize that the rising costs for chronic-condition healthcare are a serious issue for your organization. That is why we offer customizable Condition Management programs that provide measurable solutions for self-insured employers.

\*Source: The National Coalition of Care at <http://www.nchc.org/facts/cost.shtml>.

## Focused Health Solutions is Different

### Effective Enrollment Model

- Our Condition Management programs are purely confidential and voluntary for all of your eligible employees and their family members.
- We utilize an “opt-in” enrollment model to target those individuals who have high health confidence and the highest motivation to change their health situation.
- As a result, participation in our programs is historically higher than industry average, and the average participant’s engagement with our programs spans well over two years.

### Support and Motivation

Focused Health Solutions also believes in providing motivation for change.

- We provide incentives to participants in our Condition Management programs.
- We also offer co-pay reimbursements for physician office visits related to their chronic condition for the duration of their enrollment in the program.

## What We Provide as Your Partner

### Expert Resources

Focused Health Solutions combines innovative data analysis tools, disease-specific clinical pathways, telehealth technology, and our staff’s deep expertise to help our clients better manage their healthcare costs. In addition, assistance and support provided to your eligible employees and their family members is based on nationally accepted, evidence-based practice guidelines and condition-specific documentation.

## Focused Health Solutions Programs

### Condition Management

Congestive Heart Failure  
Coronary Artery Disease  
Hypertension

Diabetes

Anxiety

Depression

Obsessive Compulsive Disorder

Asthma

Back & Neck Pain

Cancer Symptom Management  
(Breast & Prostate)





### **Integrated Technology**

Our population health management model integrates sophisticated and proprietary systems with healthcare management algorithms and experienced personnel who are proficient in producing quantifiable health and economic benefits for program participants and employer clients.

### **Continuous Care**

Unlike other companies that focus on disease or wellness management, Focused Health Solutions takes advantage of its fully integrated platform. This enables us to provide you with continuous improvement in managing healthcare costs by managing your participants across the care continuum – from chronic-condition states to wellness-care coaching and vice-versa.

### **Personalized Care Programs**

Eligible participants and their families receive personalized educational and clinical support to help them understand and better manage their chronic conditions. Most conditions have numerous preventable factors that, if controlled or eliminated properly, can reduce the impact of their condition. Participants who take advantage of their high-touch, personalized programs become noticeably healthier and more productive due to the care programs we help them establish.

### **Measureable Results**

As your partner, you can count on Focused Health Solutions to provide you with valuable disease management reports that provide you with clinical outcome analyses, pharmacy expenses, inpatient/outpatient visits, call center activity, marketing results, and ROI and enrollment figures. Armed with this data, you are assured of knowing the true effectiveness of your investment in our Condition Management programs.

*The information is provided for information only. This information does not constitute medical advice and it should not be relied upon as such. Focused Health Solutions does not engage in the practice of medicine. Focused Health Solutions, under no circumstances, recommends particular treatments for specific individuals and, in all cases, recommends that you consult your physician before pursuing any course of treatment.*



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