

Focused Health Solutions

Coronary Artery Disease

Focused Health Solutions' Coronary Artery Disease Program is an invaluable resource designed to help individuals who have been diagnosed with Coronary Artery Disease (CAD). Our clinical team assists participants through high-touch interventions that are proven effective and measurable in better management of CAD.

Focused Health Solutions, through enhanced education and personalized coaching, assists in minimizing complications and provides much-needed education and answers. Information provided to individuals for support is based on nationally accepted evidence-based practice guidelines and literature.

Coronary Artery Disease Facts

- CAD, or heart disease, affects nearly 13 million Americans and is the leading cause of death of both men and women in the United States

Source: The Medical Library Illustrated Guide, May 2004

- A recent study published in *Circulation*, the Journal of the American Heart Association, addressed the direct costs (inpatient hospitalization, pharmaceuticals) and indirect costs (lost productivity, time away from work) for coronary artery disease (CAD). The study found that on average, lifetime costs associated with severe CAD ranged from \$1,001,493 to \$1,051,302. The average lifetime cost of less severe CAD reached \$767,288 per case.

Source: Shaw LJ, Merz CNB, Pepine CJ, et al. The Economic Burden of Angina in Women With Suspected Ischemic Heart Disease: Results From the National Institutes of Health-National Heart, Lung, and Blood Institute-Sponsored Women's Ischemia Syndrome Evaluation. *Circulation*. August 29, 2006;114(9):894-904.

Who Benefits

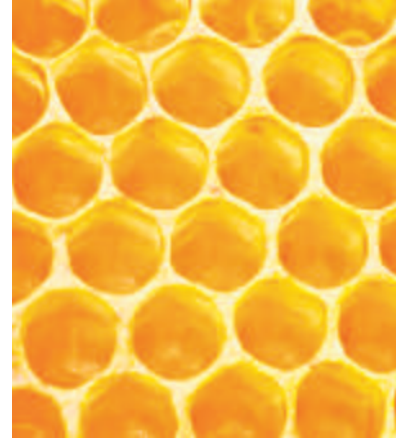
Focused Health Solutions' Coronary Artery Disease Program is designed to help adults diagnosed or at high risk with CAD-related conditions, such as angina or high blood pressure. The Coronary Artery Disease Program is intended for individuals who need educational assistance and support to:

- Comply with their physician's plan of care program
- Stop smoking
- Become educated on proper nutrition, diet, portion control, and overeating
- Recognize the early symptoms of a heart attack and how to respond
- Manage cholesterol levels
- Lower their blood pressure levels

About Us

Focused Health Solutions is a leading national provider of customized population health management services. Founded in 1999, the Deerfield, IL based company boasts a senior management team with over 100 years of collective experience in the healthcare industry and a blue chip customer base. FHS combines innovative data analysis, condition-specific clinical pathways, proprietary telehealth technology, Health Risk Assessments, and deep clinical expertise to reduce healthcare costs and improve health. The FHS population health management model integrates sophisticated systems and experienced personnel to produce quantifiable clinical and economic benefits for its program participants and clients. Focused Health Solutions is a member of DMAA, NCQA, HERO and MWA. For more information, visit www.focusedhealthsolutions.com.





What FHS Participants Say

Those individuals who enrolled in Focused Health Solutions' Coronary Artery Disease Program stated:

- Reductions in emergency room visits and hospital stays for their disease
- Enhanced knowledge about medications and controlling side effects
- Understanding how aspirin reduces future heart attacks
- Fewer medical complications in managing their heart condition
- Motivation to stick to a low fat, reduced calorie meal plan
- Overall 90% satisfaction rating for the Focused Health Solutions' Coronary Artery Disease Program

Unparalleled Technology

Focused Health Solutions is dedicated to providing clients with quality programs that drive measurable cost savings. Our recent investment into our exclusive Focus Information Tracker (FIT) technology platform assists us in documenting and reporting clinical and financial performance improvements that are the result of active participant engagement and leading practice nurse interventions. Focused Health Solutions also has the ability to leverage our technology and determine those individuals best suited for our programs.

For more information about the Coronary Artery Disease Program provided by Focused Health Solutions, call 847 282 8000 and request Corporate Sales or send an email request to LearnMore@FocusedHS.com

The information is provided for information only. This information does not constitute medical advice and it should not be relied upon as such. Focused Health Solutions does not engage in the practice of medicine. Focused Health Solutions, under no circumstances, recommends particular treatments for specific individuals and, in all cases, recommends that you consult your physician before pursuing any course of treatment.

