

Focused Health Solutions

Cancer Symptom Management

Focused Health Solutions' Cancer Symptom Management Program is an invaluable resource designed to help individuals who have been diagnosed with breast or prostate cancer. Our oncology clinical team is available to provide support with all the symptoms that an individual might experience with the treatments related to breast or prostate cancer.

Focused Health Solutions, through enhanced education and personalized cancer coaching assist in minimizing complications and provide much needed education and answers. Information provided to the individual is based on nationally accepted evidence-based practice guidelines and literature.

Cancer Facts

Breast Cancer

Not counting some kinds of skin cancer, breast cancer in the United States is:

- The most common cancer in women, no matter your race or ethnicity
- The most common cause of death from cancer among Hispanic women
- The second most common cause of death from cancer among Caucasian, African-American, Asian/Pacific Islander, and American Indian/Alaska Native women

Source: U.S. Cancer Statistics Working Group. *United States Cancer Statistics: 2004 Incidence and Mortality*. Atlanta (GA): Department of Health and Human Services, Centers for Disease Control and Prevention, and National Cancer Institute; 2007.

Prostate Cancer

Prostate cancer is the most common form of cancer, other than some kinds of skin cancer, among men in the United States. In 2004, 189,075 men in this country were diagnosed with prostate cancer, and 29,002 men died of the disease. Prostate cancer is the second leading cause of cancer deaths among men in the United States, after lung cancer, and the seventh leading cause of death overall for men in this country.

Source: U.S. Cancer Statistics Working Group. *United States Cancer Statistics: 2004 Incidence and Mortality*. Atlanta (GA): Department of Health and Human Services, Centers for Disease Control and Prevention, and National Cancer Institute; 2007.

Who Benefits

Focused Health Solutions' Cancer Symptom Management Program is designed for those individuals who have breast or prostate cancer. The Cancer Symptom Management Program is intended for individuals:

- Newly diagnosed or who have been living with breast or prostate cancer for some time
- Undergoing chemotherapy or radiation treatment
- Recently recovering from cancer related surgery
- Experiencing disease, drug or therapy related symptoms
- Routinely monitored for a potential recurrence of breast or prostate cancer



About Us

Focused Health Solutions is a leading national provider of customized population health management services. Founded in 1999, the Deerfield, IL based company boasts a senior management team with over 100 years of collective experience in the healthcare industry and a blue chip customer base. FHS combines innovative data analysis, condition-specific clinical pathways, proprietary telehealth technology, Health Risk Assessments, and deep clinical expertise to reduce healthcare costs and improve health. The FHS population health management model integrates sophisticated systems and experienced personnel to produce quantifiable clinical and economic benefits for its program participants and clients. Focused Health Solutions is a member of DMAA, NCQA, HERO and MWA. For more information, visit www.focusedhealthsolutions.com.





What FHS Participants Say

Those individuals who enrolled in Focused Health Solutions' Cancer Symptom Management Program stated:

- Greater control over symptoms and side effects from chemotherapy or radiation treatment
- A greater sense of independence and confidence about their cancer condition after communicating with our oncology team
- A reduction in medical costs because of fewer cancer and cancer treatment related emergency room visits and hospital stays
- Enhanced knowledge about managing cancer and treatment options
- Sensitive support when experiencing distress, anxiety or depression
- An increased opportunity to enjoy outdoor activities with family members or social gatherings with friends
- Overall 90% satisfaction rating of the Focused Health Solutions' Cancer Management Program

Unparalleled Technology

Focused Health Solutions is dedicated to providing clients with quality programs that drive measurable cost savings. Our recent investment into our exclusive Focus Information Tracker (FIT) technology platform assists us in documenting and reporting clinical and financial performance improvements that are the result of active participant engagement and leading practice nurse interventions. Focused Health Solutions also has the ability to leverage our technology and determine those individuals best suited for our programs.

For more information about the Cancer Symptom Management Program provided by Focused Health Solutions, call 847 282 8000 and request Corporate Sales or send an email request to LearnMore@FocusedHS.com

The information is provided for information only. This information does not constitute medical advice and it should not be relied upon as such. Focused Health Solutions does not engage in the practice of medicine. Focused Health Solutions, under no circumstances, recommends particular treatments for specific individuals and, in all cases, recommends that you consult your physician before pursuing any course of treatment.

