

## Focused Health Solutions

# Asthma

Focused Health Solutions' Asthma Program is an invaluable resource designed to help individuals who have been diagnosed with chronic asthma. Our clinical team assists participants through high-touch interventions that are proven effective and measurable in better management of chronic Asthma.

Focused Health Solutions, through enhanced education and personalized coaching, assists in minimizing complications and provides much-needed education and answers. Information provided to individuals for support is based on nationally accepted evidence-based practice guidelines and literature.

### Asthma Facts

- Direct medical costs for patients with persistent asthma average about \$6,500 per year, almost 60% higher for those without asthma
- Asthma accounts for one-quarter of all emergency room visits in the United States
- Asthma medications represent the largest single direct medical expenditure, at more than \$5 billion
- Research out of Harvard Medical School has shown that asthmatics have rates of absenteeism and "presenteeism" (impairment while at work) that are higher than non-asthma sufferers. Annual numbers per asthmatic total 10.8 days of absenteeism and 18.3 days of presenteeism

Source: The American Academy of Allergy & Immunology

### Who Benefits

Focused Health Solutions' Asthma Program is designed to help individuals take control of their asthma and asthma-related symptoms. The Asthma Program is intended for individuals who need educational assistance and support with:

- Avoiding and preventing asthma attacks
- Recognizing the early symptoms of an asthma attack
- Awareness of environmental triggers that cause asthma attacks
- Understanding asthma as a disease



### About Us

Focused Health Solutions is a leading national provider of customized population health management services. Founded in 1999, the Deerfield, IL based company boasts a senior management team with over 100 years of collective experience in the healthcare industry and a blue chip customer base. FHS combines innovative data analysis, condition-specific clinical pathways, proprietary telehealth technology, Health Risk Assessments, and deep clinical expertise to reduce healthcare costs and improve health. The FHS population health management model integrates sophisticated systems and experienced personnel to produce quantifiable clinical and economic benefits for its program participants and clients. Focused Health Solutions is a member of DMAA, NCQA, HERO and MWA. For more information, visit [www.focusedhealthsolutions.com](http://www.focusedhealthsolutions.com).





## What FHS Participants Say

Those individuals who enrolled in Focused Health Solutions' Asthma Program stated:

- Fewer and less severe asthma attacks
- A reduction in medical costs because of fewer asthma-related emergency room visits and hospital stays
- Enhanced knowledge about asthma and medications, including the latest treatments and advances in medicine
- Sensitive support when dealing with asthma-related complications
- Overall 90% satisfaction rating for the Focused Health Solutions' Asthma Program

## Unparalleled Technology

Focused Health Solutions is dedicated to providing clients with quality programs that drive measurable cost savings. Our recent investment into our exclusive Focus Information Tracker (FIT) technology platform assists us in documenting and reporting clinical and financial performance improvements that are the result of active participant engagement and leading practice nurse interventions. Focused Health Solutions also has the ability to leverage our technology and determine those individuals best suited for our programs.

*For more information about the Asthma Program provided by Focused Health Solutions, call 847 282 8000 and request Corporate Sales or send an email request to [LearnMore@FocusedHS.com](mailto:LearnMore@FocusedHS.com)*

*The information is provided for information only. This information does not constitute medical advice and it should not be relied upon as such. Focused Health Solutions does not engage in the practice of medicine. Focused Health Solutions, under no circumstances, recommends particular treatments for specific individuals and, in all cases, recommends that you consult your physician before pursuing any course of treatment.*

